

STOP!!



When a great natural disaster occurs!



What should we do?

These are the guidelines to follow for those who are unable to return home just after a disaster.



Why are people unable to go home immediately after a great natural disaster?

A natural disaster may occur when you are at work or at school.

Just after a natural disaster, you may be unable to return home since transport infrastructure may be damaged.

It is officially estimated that about 235,000 people in Shinagawa Ward will be unable to return home soon after a great natural disaster.



Three (3) important pieces of information that should be known by people unable to return home after the great natural disaster.

First, the epicenter, the affected area and intensity of the earthquake

Second, confirmation of the safety of family members.

Third, the damage in the place that they live.

Number of respondents: 2,026 (multiple answers)
 Source: The Proceedings of the Society for Regional Safety Studies, a Social Survey on People Who Have Difficulty Returning Home in the Greater Tokyo Area after the Great East Japan Earthquake

In the case of "The Great East Japan Earthquake" (2011)

Around **5,150,000** people in capital region were unable to return home soon.

2 out of 5 citizens in Tokyo were unable to go home!

Source: Measures for Stranded Persons in Tokyo Implementation Plan

This pamphlet tells you how to prepare for a natural disaster and what actions to take after it.



Preventive measures during a natural disaster

POINT

Avoid moving from one place to another

1



Ensure your safety

If a huge earthquake occurs, protect your head putting your hands above it and stay under a desk. If you are outside, cover your head with your bag to protect yourself from falling objects. Then evacuate to a safe place. If you are driving, park your car on the edge of the road so as not to obstruct emergency vehicles.

2



Collect accurate

Keep calm and try to get accurate information by using various means such as radio, TV and some official websites.

Collect accurate information

Check more details on the last page

3



Secure family member's

After a huge earthquake, telephones may not be available because the system is overloaded. You have to prepare other ways to contact your family.

Secure family member's safety

Check more details on the last page

4



Evacuate to a safe place

Shinagawa Ward Government asks people to stay in offices or temporary stay facilities at least three days in order to avoid confusion after a disaster.

Try to stay in a safe place, such as at the office, school, or temporary stay facilities. For this reason, it is important to stockpile drinking water and food there.

Search for "Temporary Stay"

Check more details on the last page

5



Go home safely

Go home once the surrounding situation has settled down. Since public transportation may not be working, so please consider ways to return home depending on the situation at that time. In some cases, You may have to return home on foot.

Assistance to those who have to return home on foot

Check more details on the last page

Collect accurate

Contact information of Shinagawa Ward Office

- **Shinagawa Ward Office's website**
<https://www.city.shinagawa.tokyo.jp/>
- **F M radio Shinagawa**
<https://www.fm-shinagawa.co.jp/>
- **Official SNS page on disaster risk prevention**



Gain friends "@shinagawa_city"



<https://twitter.com/shinagawacity>



<https://www.facebook.com/city.shinagawa/>

Contact information of the Tokyo Metropolitan Government

- **Contact information of the Tokyo Metropolitan Government**
<https://www.bousai.metro.tokyo.lg.jp/>
- **Official SNS page on disaster risk prevention**



https://twitter.com/tokyo_bousai



Search for "Temporary Stay Facilities"

Purpose of the facilities

Public buildings are converted into a shelter for those people who are stuck and unable to return home after the disaster occurs. This will help to find a place to rest while the event is on-going.

Please check the location and the status of the facilities at Shinagawa Ward Office's website.



Check it out below

- **Shinagawa Ward Office's website Top page (English ver.)**

<https://www.city.shinagawa.tokyo.jp/PC/bosai/bosai2/jishin/kitakukonnan/index.html>

Secure family member's safety

Use "Disaster Emergency Message Dial(171)"

Nippon Telegraph and Telephone provides the emergency dial (171) to reach out your family members during the disaster.

Use "Disaster Emergency Message Dial(171)"

How to use the service?

Dial 171, then you will hear a voice call giving you options between recording or hearing a message from your family.



Use "Disaster Emergency Message Board(web171)"

Under such emergent circumstances caused by a natural disaster, this service can allow people from the disaster-stricken area to send online messages via text, voice, or image.

How to access the service online?

- ① Log in to <https://www.web171.jp>
- ② Enter the phone number which will serve as a key for all family members. This number must be agreed by every family member in advance.
- ③ Follow the guide and select "Post a Message" or "Read a Message"



Assistance to those who have to return home on foot

Support Stations for returning home

Some convenience stores, restaurants, and gas stations displaying the sticker below provide toilets, tap water, road traffic information to support people returning home on foot.

Look for this sticker!



Check it out below

- **TMG's Disaster Prevention Map (TMG = Tokyo Metropolitan Disaster)**
<https://map.bosai.metro.tokyo.lg.jp/>

Prepare to go home on foot in case a great natural disaster occurs!

- Make yourself accustomed to your location and neighborhood through practice drills
- Check for dangerous spots, rest places, and detours
- Avoid crowded routes and places

Keep shoes that are easy to walk in and some emergency goods at your office or school



Prepare items that can be used for three days after a natural disaster

POINT

What kind of items do you need when staying at your office or school?



Make sure you have at least "three days' worth of goods such as water and food" in preparation for staying in a safe place. Apart from that, you should bring a small "Emergency pouch" in case of a natural disaster when you are outside.



Keep an emergency bag at your desk in your office or school!



Keep an emergency pouch in your bag!

Prepare these items at your office or school

- Drinking water (3L per person, per day)
- Emergency food (instant rice, biscuits, canned goods etc.)
- Blanket, disposable insulation sheet
- Portable toilet
- Flashlight, Portable radio, Spare batteries
- First-aid kit
- Comfortable shoes

Keep these items in an emergency pouch

- Map, hazard map
- Portable toilet bag
- Carry-around food (snacks and chocolate), Drinking water
- Portable food (snacks and chocolate), drinking water
- Items for preventing infectious diseases
- Pens, memo pad
- First-aid kit, household medicines

Secure masks, sanitizers, and tissues in a different pouch to avoid infectious and contagious diseases



What happens when calamities like a typhoon and heavy rain occurs?

POINT

Go home as early as possible or refrain from going to the office to avoid the suspension or delays of train services.



Railway companies in Tokyo metropolitan region implemented planned suspension of trains because of Typhoon 19 in 2019.

As a result, it caused disruption at stations with a number of commuters who wanted to return home at the same time.

Railway companies may carry out planned suspension when there's likely to be heavy rain or a typhoon. As this will cause disruption; this plan is announced 24 hours in advance.

Hence, wait for the announcement from the railway company and act calmly without rushing.

Under the typhoon and heavy rain

Don't go to work if possible. If you have to go outside, make sure to go home early.

Check more details below

- **Japan Safe Travel Information**
<https://www.japan.travel/en/news/JapanSafeTravel/>

Check hazardous places now!

- **Shinagawa City Disaster Prevention Map**
<https://www.city.shinagawa.tokyo.jp/PC/bosai/bosai2/taihu/index.html>